

SOCIAL SKILLS GROUPS

Supportive groups for fostering positive functioning in social environments!

January 4th - February 12th



INTERACTIVE, ENGAGING, EFFECTIVE, AND FUN GROUPS FOR YOUTH AND TEENS!

Our program provides valuable social skill lessons and insight, provides an opportunity for youth to interact and develop social connections within a group and beyond, enables youth to practice their skills in a safe non-judgmental environment, and helps youth improve their self esteem, communication and social emotional awareness.

Social skills groups meet once a week either on a Tuesday or Thursday evening. Group times are determined based on enrollment. Please note there will be no meeting on Thursday, February 1st. The cost of this six-week program is \$240, with a \$40 initial intake and processing fee for new enrollees and existing clients where required.

SPOTS ARE LIMITED!

**CALL 631-849-5431 OR EMAIL
MENTALHEALTH@NSYC.COM**

LEARN

- ☒ social skills
- ☒ peer-to-peer interaction
- ☒ conflict mediation skills
- ☒ coping in school environments
- ☒ conversation skills
- ☒ healthy communication
- ☒ positive relationships
- ☒ emotional regulation

Groups are tailored to meet the needs of each individual!



North Shore Youth Council

P.O. Box 1286, Rocky Point, NY 11778 - 631.744.0207 - www.nsync.com