



# SOCIAL SKILLS GROUPS!

*Activities and Enrichment for Positive Social Growth!*

**Winter groups running January 18th thru March 21st!**

We offer groups for...

- Children ages 6-8
- Children ages 9-11
- Preteens & Adolescents!

Topics include...

Conversation skills, making and keeping friends, body language, social cues, problem solving, assertiveness, cooperation, frustration tolerance and anger management, improving self-esteem, and managing stress.

Our social skills program focuses on bringing together small groups of children and teens so that they can learn to interact appropriately with others their own age and practice important life skills.

We have a rolling admission policy and accept new applicants all year!

**When: January 18th thru March 21st**

**-The program will run 8 weeks. Groups will meet weekly in person.**

**-Mondays, Tuesdays, Thursdays: 5-6pm, 6:15pm-7:15pm, and 7:30pm-8:30pm**

**Cost: \$200.00, with a \$30.00 initial intake and processing fee for new enrollees.**

**-Scholarships and payment plans available for families facing financial hardship.**

**For more information or to sign up for a group,  
please contact Dana Ellis, Licensed Mental Health Counselor at [Dana@nshyc.com](mailto:Dana@nshyc.com).**



P.O. Box 1286, Rocky Point, NY 11778  
631-744-0207  
[www.nshyc.com](http://www.nshyc.com)

NSYC is not responsible for loss/damage to personal property and/or injury while on premises or participating in programs.