

# North Shore Youth Council

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P.O. Box 1286  
 Rocky Point, NY 11778  
 631-744-0206  
[www.nsync.com](http://www.nsync.com)

**Dedicated to helping youth and families cope in today's changing world.**

## Happy fall from NSYC!



### At a glance...

The following events will all take place at our NSYC Drop-In located on campus of:

Joseph A. Edgar School  
 525 Rte. 25A, Rocky Point

#### Youth Advisory Meetings

October 14th - 5:30pm-6:00pm  
 November 18th - 5:30pm-6:00pm  
 December 23rd - 7:00pm-8:00pm

#### Alateen Support Group

Every Wednesday evening  
 6:30pm-7:30pm

#### Fall Social Skills

##### (October 17 – December 15)

*Mondays*

6:15pm-7:15pm or 7:30pm-8:30pm

*Thursdays*

6:15pm-7:15pm or 7:30pm-8:30pm

#### Open Mic Nights

October 14th - 8:00pm-10:00pm

November 18th - 8:00pm-10:00pm

#### Game Night

October 28th - 8:00pm-10:00pm

Open gym nights take place in the new gym at Joseph A. Edgar School  
 525 Rte. 25A, Rocky Point

#### Open Gym Nights

October 14th 6:00pm-8:00pm  
 (Gr. 3-5)

October 28th 6:00pm-8:00pm  
 (MS)



The **Youth Advisory Committee** is expanding. YAC is a committee of students, grade 8 and up, that help guide the agency into what types of programs, services or events today's youth want. Positive contributions to the community include:

- Habitat for Humanity
- Open Mic and Open Gym Nights
- Speaking Engagements
- Mock Legislature
- Civic Meetings
- Town Clean-Ups
- Mentoring

Join our upcoming meetings and let us know what you think.

*October 14th - 5:30pm-6:00pm*

*November 18th - 5:30pm-6:00pm*

*December 23rd - 7:00pm-8:00pm*

On the campus of Joseph A. Edgar School  
 525 Rte. 25A, Rocky Point

For information please contact  
 Mike Leuci: [mleuci@rockypoint.k12.ny.us](mailto:mleuci@rockypoint.k12.ny.us)

*Pictured Above-Youth Advisory Facilitator, Mike Leuci with 2015-2016 YAC Members (l to r): Ally Greenstein, Kayla MacKay, Dylan Mulea, Vegas Darst-Horne, Nick Albo, Joe Wilson.*

### **Alateen Support Groups at NSYC**

North Shore Youth Council is now hosting Alateen meetings. Alateen is a support group for teenagers, 12-18, who have been affected by someone else's drinking whether it be a parent, grandparent, sibling, or friend.

Meetings take place Wednesdays 6:30pm-7:30pm @NSYC, Rocky Point  
 For more information contact Paulette: 631-786-0368



### **Teen Discussion Groups**

North Shore Youth Council presents **FREE** Prevention and Education groups for our teens. Groups focus on addiction, coping skills, peer pressure, risk taking behaviour, anger management, family issues, and more. Facilitated Wednesday evenings 7:30pm-8:30pm, by Peggy Ward, CASAC. Please call 631-744-0207 for more information

NSYC offers youth and family counseling. We provide professional and confidential counseling to youth and families in need.

Diane Gavares, LCSW      Kelly Vecchio, LCSW      Mike Leuci, LMSW

Please call 631-744-0207 for more information

Funded by Town of Brookhaven Youth Bureau, Suffolk County Youth Bureau and the North Shore Consortium

NSYC is not responsible for loss/damage to personal property and/or injury while on premises or participating in programs.

# Fall Social Skills Groups



**Activities and Enrichment for Positive Social Growth!**  
**We offer Groups for Children ages 6-8, ages 9-11 and a Preteen/Adolescent Group**

Weekly topics will include making and keeping friends, problem solving, assertiveness, cooperation, frustration tolerance and anger management, improving self-esteem and managing stress.

This is an 8 week program that meets once a week. The cost is \$160, with a \$25 initial intake and processing fee for new enrollees. Payment plans and scholarships may also be available for families who qualify.

Groups will be held:

Mondays: 6:15PM-7:15PM or 7:30-8:30PM

Thursdays: 6:15-7:15PM or 7:30-8:30PM

For more information or to sign up for a group, please contact Dana Ellis, M.A., Mental Health Counselor



**ART**

**Hearts for the Arts**

Hearts for the arts is a Silver Award project by local Girl Scouts that NSYC is helping by spreading the word.

The goal is to collect art supplies for children in remote villages in Honduras. Many of these children have never used crayons, markers, or paint.

In order to help these local Girl Scouts, we will be accepting all new and gently used art supplies at our main office and child care programs.

If you have any questions about Hearts for the Arts, you can e-mail us at [heartsfortheartssilver@yahoo.com](mailto:heartsfortheartssilver@yahoo.com)

# School-Aged Child Care Program

The North Shore Youth Council provides school aged child care programs for families in the Rocky Point, Shoreham-Wading River, and Miller Place School districts. Our programs offer peace of mind to parents who are looking for a safe place for their elementary school children before school starts and after school ends. Children participate in age appropriate activities which may include arts and crafts, story time, board games, and they are provided with a place to meet friends for sports, homework help, and other recreational activities. Please see our web site [www.nsync.com](http://www.nsync.com) for registration information.



*Doing the Cha-Cha Slide at aftercare with Mrs. Leahy*

## Fun Times at North Shore Youth Council's School-Aged Child Care



*Building Legos at Joseph A. Edgar School*



*Reading at Miller Avenue Elementary*



*Crafting at Miller Avenue Elementary*