

# North Shore Youth Council

Board of Directors

|                             |                                    |
|-----------------------------|------------------------------------|
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P.O. Box 1286  
 Rocky Point, NY 11778  
 631-744-0206  
[www.nsync.com](http://www.nsync.com)

**Dedicated to helping youth and families cope in today's changing world.**



*When we give cheerfully and accept gratefully, everyone is blessed. – Maya Angelou*



## At a glance...

The following events will all take place at our NSYC Drop-In located on campus of:

Joseph A. Edgar School  
 525 Rte. 25A, Rocky Point

### Youth Advisory Meetings

November 18th - 5:30pm-6:00pm  
 December 23rd - 7:00pm-8:00pm

### Alateen Support Group

Every Wednesday evening  
 6:30pm-7:30pm

### Fall Social Skills

**(October 17 – December 15)**

*Mondays*  
 6:15pm-7:15pm or 7:30pm-8:30pm

*Thursdays*

6:15pm-7:15pm or 7:30pm-8:30pm

### Open Mic Nights

November 18th - 8:00pm-10:00pm

### Teen Discussion Group

Every Wednesday evening  
 7:30pm-8:30pm

Open gym nights take place in the new gym at Joseph A. Edgar School  
 525 Rte. 25A, Rocky Point

### Open Gym Nights

November 18 6:00pm-8:00pm  
 (Gr. 3-5)

December 2 6:00pm-8:00pm  
 (MS)



### EMPLOYEE SPOTLIGHT

Welcome Jarrett Spector! Jarrett is one of our newest School Aged Child Care employees. “He is such a pleasure and works so well with the children”. “He fits right in, as though he’s been here for years” states Nancy Kloska, Mount Sinai SACC Director. Jarrett is currently attending Adelphi University where he is aspiring to gain his teaching degree in Physical Education. In addition to our SACC program, Jarrett is also working our open gym nights at JAE.

He brings years of recreation experience, and a positive attitude.

We are happy to have him on our team!

Thank you to Sheriff DeMarco and Suffolk County Legislator Sarah Anker for a recent grant designated for our new **Family Counseling Initiative**

This grant will allow us to offer more options for families struggling to manage their loved ones addiction. The North Shore Youth Council will be enhancing our counseling services to families being impacted by the opioid problem. We offer support groups, Alateen, evening counseling, referrals, free drug tests, and many more services to help prevent and fight drug abuse.

NSYC provides professional and confidential counseling to youth and families in need.

Diane Gavares, LCSW

Kelly Vecchio, LCSW

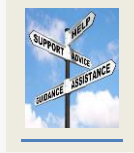
Mike Leuci, LMSW

Please call 631-744-0207 for more information

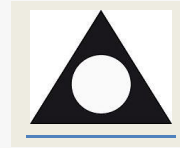
### Teen Discussion Groups

North Shore Youth Council presents **FREE** Prevention and Education groups for our teens. Groups focus on addiction, coping skills, peer pressure, risk taking behavior, anger management, family issues, and more.

Facilitated Wednesday evenings  
7:30pm-8:30pm  
By Peggy Ward, CASAC.  
Please call 631-744-0207  
for more information



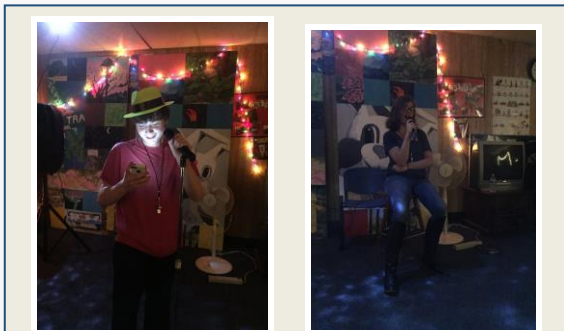
### Alateen Support Groups at NSYC



North Shore Youth Council is now hosting Alateen meetings. Alateen is a support group for teenagers, 12-18, who have been affected by someone else's drinking whether it be a parent, grandparent, sibling, or friend. Meetings take place Wednesdays 6:30pm-7:30pm @NSYC, Rocky Point. For more information contact Paulette: 631-786-0368

## School-Aged Child Care Program

The North Shore Youth Council provides school aged child care programs for families in the Rocky Point, Shoreham-Wading River, and Miller Place School districts. Our programs offer peace of mind to parents who are looking for a safe place for their elementary school children before school starts and after school ends. Please see our web site [www.nsync.com](http://www.nsync.com) for registration information.



Open Mic Night



Seasonal Crafts at Miller Avenue



Crafting at Miller Avenue



Open Gym Night



Building Legos at Joseph A. Edgar School



Jump Rope and Tree Pose at FJC

Fun Times at the Council!