Monthly Newsletter February 2019

# NORTH SHORE YOUTH COUNCIL

PO Box 1286
Rocky Point, NY 11778
www.nsyc.com
(631) 744-0207

***Our Mission:***

**North Shore Youth Council is dedicated to helping youth and families cope in today's changing world. Our programs are designed to help young people develop the life skills necessary to become responsible, successful adults.**


## BOARD OF DIRECTORS

Laurel Sutton, President

Larry Kogel, Vice President

Jennifer Maertz, Esq., Treasurer

AnnaMarie Tongue, Secretary

Janene Gentile, MA, CASAC, Executive Director

Betty Loughran, Trustee

Jamie Johnson, Trustee

Miriam Viaud, Trustee

Todd Leighly, Trustee

Barbara Brennan, Trustee


## 2018 2019 YOUTH ADVISORY COMMITTEE

Our Youth Advisory Committee is a diverse group of teens who meet weekly to enhance the mission of NSYC.
Contact Robert@nsyc.com to learn more!

Clayton MacKay, President
Thomas Bodkin, Vice President
Kayla MacKay, Treasurer
Kyle Dyer, Secretary
Ryan Magrane
Leah Alayon
Brianna Montes
Eddie Curley
Sophia Hyatali
Gina Pitcher
Sara Grosso
Eric Guli
Madisyn King
Jason Pallini
Blaze Fusaro
Emma LaRosa

Dear Friends and Families,

We hope the new year has started off smooth and wonderful for all of our community members.

During these cold, blustery days, NSYC is a warm place for children and families. The youth in our child care and drop-in programs have been keeping busy with a variety of fun enrichment and wellness activities and workshops. We've got more planned, so stay tuned!

These winter months are the perfect time to have your kids complete applications for our job bank service, which connects responsible youth to local businesses and individuals looking for assistance with child care, office help, tutoring, yard work, and more. If you'd like to offer a local teen a job, call us and let us know! Feel free to visit our website for the application or email Stephanie@nsyc.com if you have any questions.

As a reminder, winter recess will be held February 18-22. We hope you enjoy your time off! Thank you for your continued support and helping to grow our youth development services!

February

Our kids making the world a better place with...

Love

## ARE YOU LOOKING FOR A FULFILLING BOARD MEMBER OPPORTUNITY?

**North Shore Youth Council is always seeking individuals to become involved in our agency as part of our Board of Directors to help guide the organization. You can help make a difference in the lives of our youth! Call us at (631) 744-0207 to learn more.**

NSYC is not responsible for loss/damage to personal property and/or injury while on premises or participating in programs.

# FEBRUARY AT A GLANCE...

Unless otherwise noted, the following events and programs will take place at our main office located in the portables on the grounds of the Joseph A. Edgar School in Rocky Point.

## Youth Advisory Committee Meetings

Fridays:
February 1, 8, 15, 22
6:30 - 7pm

## Open Mic Night

Fridays:
February 1 (Crazy Crepe), 8, 15, 22
7 - 9:30pm

## Games Night

Friday, February 15
7 - 9:30pm

## Social Skills Groups (January 14 - March 18)

Mondays:
February 4, 11, 25
5 - 6pm, 6:15 - 7:15pm, 7:30 - 8:30pm

Thursdays:
February 7, 14, 28
5 - 6pm, 6:15 - 7:15pm, 7:30 - 8:30pm

# School Break Fun Days!

**Monday, February 18: Kids' choice activities**
**Tuesday, February 19: Creative Zone (1:30pm)**
**Wednesday, February 20: Magic Show & Balloon Artist (1:30pm)**
**Thursday, February 21: Jump Bunch (1:30pm)**
**Friday, February 22: Altered Art Project (1:30pm)**

If your child is registered for our winter recess child care program, check out the scheduled events!

## Friday Nights at NSYC...

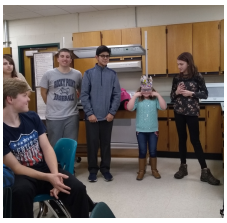
*Socialize, meet new people, make new friends, and just have fun!*
Middle and high school teens can join us for Open Mic every Friday night at the NSYC lounge. We encourage all to come and hang out--musicians, artists, comedians, dancers, gamers, spectators, and more! Donations encouraged.

CRAZY CREPE CAFE
Thanks to Crazy Crepe Cafe for supporting our Open Mic nights!

Did you know February is National Teen Dating Violence Awareness Month?

Break the cycle and empower youth to end domestic violence.

NSYC offers professional and confidential counseling services to youth and families in need. Our counselors are licensed professionals and experienced in a wide range of issues. We can also provide crisis intervention and referrals for additional services if necessary. Counseling services are by appointment and evening hours are available.
(631) 744-0207



# Mentoring Matters!

Mentorship is important guidance that leads to a person's success through a mentor coaching, helping, supporting, and advising them in positive ways.

Our Big Buddy, Little Buddy peer-to-peer mentoring program sees our youth thriving in positive environments. So far this month some of the mentors been reading books to their mentees, plus everyone got a chance to make crowns and play the Heads Up 7 Up game!

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