



PO Box 1286
Rocky Point, NY 11778

www.nsync.com

(631) 744-0207



Our Mission:

North Shore Youth Council is dedicated to helping youth and families cope in today's changing world. Our programs are designed to help young people develop the life skills necessary to become responsible, successful adults.

BOARD OF DIRECTORS

- Laurel Sutton, President
- Larry Kogel, Vice President
- Jennifer J. Maertz, Esq., Treasurer
- AnnaMarie Tongue, Secretary
- Janene Gentile, MA, CASAC, Executive Director
- Betty Loughran, Trustee
- Jamie Johnson, Trustee
- Miriam Viaud, Trustee
- Todd Leighley, Trustee
- Barbara Brennan, Trustee

2018-2019

YOUTH ADVISORY COMMITTEE

Our Youth Advisory Committee is a diverse group of teens who meet weekly to enhance the mission of NSYC.

Contact Robert@nsyc.com to learn more!

- Clayton MacKay, President
- Thomas Bodkin, Vice President
- Kayla MacKay, Treasurer
- Kyle Dyer, Secretary
- Ryan Magrane
- Leah Alayon
- Brianna Montes
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- Blaze Fusaro
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Dear Friends and Families,

Happy Spring! It's wonderful to see the kids going out for recess again and hearing them laugh and play with their friends. In our after school programs, the kids are excited to start spending more time basking in the sunshine!

Coming up, we have our Big Buddy, Little Buddy mentoring program and volunteer celebration on Monday, May 20th. We know all the buddies and volunteers have put in extraordinary effort this year and they're looking forward to a night of fun! We are truly grateful for the support we continue to receive from our staff, families, communities, local officials, and local businesses. This year, if you'd like to contribute as a sponsor or donor for raffles, give us a call!

We're also busy planning our Summer Buddies and Teen Titans programs and registration will be open before you know it. Our summer camps aren't just fun for kids--they offer rewarding opportunities for youth and teens to earn volunteer and paid counselor positions to strengthen their skills and expand their resumes.

For now, let's enjoy the time left in the school year. Thank you for your continued support!

April 22 - 26 School Break Fun Days!

To accommodate families in our child care programs, the NSYC lounge will be open during the week of spring recess for a variety of fun activities! To register, see your site supervisor for a form.

APRIL AT A GLANCE...



Social Skills and Stress Less & Self-Esteem Building Groups!

Contact Dana Ellis, LMHC
for more information!
631-744-0207 or
Dana@nsyc.com



Unless otherwise noted, the following events and programs will take place at our main office located in the portables on the grounds of the Joseph A. Edgar School in Rocky Point.

Youth Advisory Committee Meetings

Fridays:
April 5, 12, 19, 26
6:30 - 7pm

Open Mic Night

Fridays:
April 5 (Crazy Crepe),
12, 19, 26
7 - 9:30pm

Creative Arts Therapy (April 2 - May 21)

Tuesdays:
April 2, 9, 16, 30
6:15 - 7:15pm

Stress Less Groups (April 8 - June 10)

Mondays:
April 8, 15, 29
7:30 - 8:30pm

Saturdays:
April 13
10 - 11am, 11am - 12pm

Social Skills Groups (April 8 - June 13)

Mondays:
April 8, 15, 29
5 - 6pm, 6:15 - 7:15pm, 7:30 - 8:30pm

Thursdays:
April 11
5 - 6pm, 6:15 - 7:15pm, 7:30 - 8:30pm

Community Forum:
Substance Abuse & Mental Health
Wednesday, April 10 at 7pm
Rocky Point High School Auditorium



Help us expand our job bank service, and help yourself make some money!

- Are you good at cleaning or de-cluttering?



- Do you like helping people with yardwork or gardening?



- Maybe you enjoy tutoring younger children?



- Or, perhaps you're a great babysitter?



Whatever your skills may be, we can connect you with local individuals and businesses looking to hire!
Applications available on our website.



YOUTH

ADVISORY

COMMITTEE

GOOD
TIMES

Friday night recreation,
community outreach,
mentoring, substance abuse
prevention and education,
plus so much more!



Karate Wednesdays!

Our Rocky Point Middle School youth are power punching through the weeks thanks to a fun skill building karate clinic facilitated by Gerard Cappiello, Renshi, 6th Dan, and his son, Shawn Cappiello, 1st Dan, of *Way of the Fist and Zen as One!*

Todd Leighley, NSYC Trustee and student of Gerard Cappiello, first brought karate wellness to NSYC child care programs at the elementary level through a partnership with his longtime union, IBEW Local 1049. Their outreach and volunteer programs with the Electrical Workers Minority Caucus inspired Leighley to bring his passion for karate to local youth after school at no extra charge.

The middle school program teaches self-discipline, respect, and encourages kids to feel good about themselves to live positive lifestyles. In learning the detailed choreographed patterns of body movements, or kata, the youth are taught healthy habits and are learning how to master their emotions to make the right decisions in their daily interactions.



From left to right: Todd Leighley, Gerard Cappiello, and Shawn Cappiello



NSYC HOSTS 16TH ANNUAL CONSORTIUM!

Thank you to the local school district administrations, elected town and county officials, and nonprofit and community organizations for participating in our consortium this year!

The productive and informative meeting facilitated the sharing of information and resources for youth and families in the local communities. On the agenda were the topics of mental health wellness and awareness, drug and alcohol prevention and treatment, suicide prevention, LGBT services, and special education advocacy. The goal of the consortium was to create new partnerships and encourage cooperation in order to bridge the gaps in services for people in need.

